## **NEW TGK Athletics**

TGK Athletics has a proven track record of success in skill development as we have athletes who have competed at all levels, whether it be learning the basics to playing in the professional ranks. We pride ourselves on challenging our student-athletes to not only strive to achieve their goals within their respective sport but also to maximize their potential in the classroom. As former and current athletes who have competed at the highest levels, our staff understands that athletes must not only be given the physical tools to compete but also the mental skills required to be successful. Through the direction of our highly motivated staff, our student-athletes receive the guidance they need to be a positive influence in society and become the leaders of tomorrow. Through our program, our athletes also learn how to compete, work with others for a common goal, respect others, and most importantly have fun!



## **Skills Clinics**

Grades K-11

February 22 from 6-7:30pm at CLC YMCA

Techniques Covered: footwork, 2-ball skills, athletic position, breakdown moves, inside pivot shooting series, change of direction skills with ball in transition, finishing off of either foot with either hand on either side of the basket.

Please register for the Skills Clinics through the CLC Y by calling 563-9622.

Cost per clinic: Member \$10 Nonmember \$12

## **Scholarship Basketball Program**

Grades K-11

February 17, 11am-2pm at CLC YMCA

TGK Athletics is offering REAL college scholarships for attending training sessions. For every Skill Development Scholarship Grind Lap you attend, you receive 1,000 Tuition Rewards Points. 1,000 tuition rewards points = \$1,000 guaranteed off college tuition. Our Skill Development Scholarship Grind Lap provides players with an opportunity to learn new techniques and receive numerous repetitions throughout each progression module. Players will be timed on several skill assessments throughout the 3 hours. Every skill that is taught in the Lab is an essential skill that all competitive basketball players need to have for success during game play.

## Registration Fee: \$67

Contact TGK Athletics at 207-370-1598. To register for the scholarship program, please visit <a href="https://www.tgkathletics.com">www.tgkathletics.com</a>.





